# What are your values?

* In the **Free choice** column select all the values that are important or desirable to you.
* In the **Half** column cut the number of values you have chosen by half discarding those of lesser importance.
* For the final column choose only your **top five** essential values.

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| **Value** | **Free choice** | **Half** | **Top five** |
| **Organisation** — Working in a well-known or well-respected company |[ ] [ ] [ ]
| **Global environment** – working for a global company with offices all over the world |[ ] [ ] [ ]
| **Community** — Working in a place where you can get involved in the local community |[ ] [ ] [ ]
| **Controllable lifestyle** — Being able to achieve a satisfactory work/life balance |[ ] [ ] [ ]
| **Flexible working** — A role in which there is the possibility of working in a number of roles or part-time |[ ] [ ] [ ]
| **Job security** — Knowing that your work will always be there for you |[ ] [ ] [ ]
| **Being expert** — Being known as someone with special knowledge or skills |[ ] [ ] [ ]
| **Research** — Having the opportunity to carry out research |[ ] [ ] [ ]
| **Supervision** — Having responsibility for supervising others |[ ] [ ] [ ]
| **Learning** — A rapidly changing role in which you will continually be learning new things |[ ] [ ] [ ]
| **Technical –** working with a specific process or product that requires in-depth knowledge |[ ] [ ] [ ]
| **Helping people** — A role in which you help individuals, groups or society in some way |[ ] [ ] [ ]
| **Predictability** — Having a routine which is fairly predictable |[ ] [ ] [ ]
| **Working with others** — Working in a team alongside others |[ ] [ ] [ ]
| **Teaching** — Being able to teach others |[ ] [ ] [ ]
| **Challenge** — Being ‘stretched’ and given new problems to work on |[ ] [ ] [ ]
| **Competitive** — Working in a specialty to which entry is highly competitive |[ ] [ ] [ ]
| **Pace of work** — A rapid pace of work |[ ] [ ] [ ]
| **Respect** — A high-status job |[ ] [ ] [ ]
| **Excitement** — Working in a context where you take decisions under pressure |[ ] [ ] [ ]
| **Professional development –** easy access to lifelong learning and higher formal qualifications |[ ] [ ] [ ]
| **Contact with customers** — Working in a context where you have lots of contact with the public |[ ] [ ] [ ]
| **Promotion** — Work in which there is a good chance of promotion |[ ] [ ] [ ]
| **Danger –** working in an environment that is unpredictable |[ ] [ ] [ ]
| **Money** — The possibility of earning a high salary |[ ] [ ] [ ]
| **Friends** — Forming friendships with colleagues at work |[ ] [ ] [ ]
| **Managing your time** — Some flexibility in when you carry out your different responsibilities |[ ] [ ] [ ]
| **Creativity** — Thinking up new ideas and ways of doing things |[ ] [ ] [ ]
| **Recognition** — Receiving appreciation for the work you do |[ ] [ ] [ ]
| **Precision** — Working at tasks which involve great care and precision |[ ] [ ] [ ]
| **Place of work** — Working in a specific part of the country |[ ] [ ] [ ]
| **Variety** — Having a variety of different responsibilities |[ ] [ ] [ ]
| **Independence** — Being able to work on your own |[ ] [ ] [ ]
| **Managing** — The opportunity to manage a department/organisation strategically |[ ] [ ] [ ]
| **Ethical employer –**a strong stance on environmental/humanitarian issues |[ ] [ ] [ ]
| **Entrepreneurial** – being able to develop your own ideas |[ ] [ ] [ ]
| **Other**  |[ ] [ ] [ ]