# What are your values?

* In the **Free choice** column select all the values that are important or desirable to you.
* In the **Half** column cut the number of values you have chosen by half discarding those of lesser importance.
* For the final column choose only your **top five** essential values.

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| **Value** | **Free choice** | **Half** | **Top five** |
| **Organisation** — Working in a well-known or well-respected company |  |  |  |
| **Global environment** – working for a global company with offices all over the world |  |  |  |
| **Community** — Working in a place where you can get involved in the local community |  |  |  |
| **Controllable lifestyle** — Being able to achieve a satisfactory work/life balance |  |  |  |
| **Flexible working** — A role in which there is the possibility of working in a number of roles or part-time |  |  |  |
| **Job security** — Knowing that your work will always be there for you |  |  |  |
| **Being expert** — Being known as someone with special knowledge or skills |  |  |  |
| **Research** — Having the opportunity to carry out research |  |  |  |
| **Supervision** — Having responsibility for supervising others |  |  |  |
| **Learning** — A rapidly changing role in which you will continually be learning new things |  |  |  |
| **Technical –** working with a specific process or product that requires in-depth knowledge |  |  |  |
| **Helping people** — A role in which you help individuals, groups or society in some way |  |  |  |
| **Predictability** — Having a routine which is fairly predictable |  |  |  |
| **Working with others** — Working in a team alongside others |  |  |  |
| **Teaching** — Being able to teach others |  |  |  |
| **Challenge** — Being ‘stretched’ and given new problems to work on |  |  |  |
| **Competitive** — Working in a specialty to which entry is highly competitive |  |  |  |
| **Pace of work** — A rapid pace of work |  |  |  |
| **Respect** — A high-status job |  |  |  |
| **Excitement** — Working in a context where you take decisions under pressure |  |  |  |
| **Professional development –** easy access to lifelong learning and higher formal qualifications |  |  |  |
| **Contact with customers** — Working in a context where you have lots of contact with the public |  |  |  |
| **Promotion** — Work in which there is a good chance of promotion |  |  |  |
| **Danger –** working in an environment that is unpredictable |  |  |  |
| **Money** — The possibility of earning a high salary |  |  |  |
| **Friends** — Forming friendships with colleagues at work |  |  |  |
| **Managing your time** — Some flexibility in when you carry out your different responsibilities |  |  |  |
| **Creativity** — Thinking up new ideas and ways of doing things |  |  |  |
| **Recognition** — Receiving appreciation for the work you do |  |  |  |
| **Precision** — Working at tasks which involve great care and precision |  |  |  |
| **Place of work** — Working in a specific part of the country |  |  |  |
| **Variety** — Having a variety of different responsibilities |  |  |  |
| **Independence** — Being able to work on your own |  |  |  |
| **Managing** — The opportunity to manage a department/organisation strategically |  |  |  |
| **Ethical employer –**a strong stance on environmental/humanitarian issues |  |  |  |
| **Entrepreneurial** – being able to develop your own ideas |  |  |  |
| **Other** |  |  |  |