Special Techniques II - High Resolution Microscopy





- IRM: Interference Reflection Microscopy
- STED: Stimulated Emission Depletion
- TIRF: Total Internal Reflection Fluorescence
- PALM: Photo-Activated Localization Microscopy
- STORM: Stochastic Optical Reconstruction Microscopy



- Not really fluorescence technique, works on unlabelled samples
- Uses polarised laser light, best with confocal setup







- Fluorescence microscopy column of illumination and out-of-focus blurring
- Confocal microscopy employs a pair of pinhole apertures strategically placed in conjugate planes near the illumination source and detector to produce thin optical sections devoid of background fluorescence.
- Multiphoton excitation microscopy goes a step further by restricting the illuminated specimen area to an ellipsoid having micron or sub-micron dimensions.









The theoretical XY resolution of a light microscope is given by the wavelength of the light, which is limited by diffraction to be no less than approximately half the wavelength of the light. (approx 250nm). Minimum optical section thickness is approximately 500-600nm

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Stimulated Emission Depletion Microscopy

One way to sharpen the fluorescence focal spot is to selectively inhibit the fluorescence at its outer part.

A phenomenon that stops fluorescence is stimulated emission. If the nearby fluorescent objects is saturated by stimulated emission, one can break diffraction limit.

Scanning with a smaller fluorescent spot signifies increased spatial resolution





Stimulated Emission Depletion Microscopy (STED)





Stimulated Emission Depletion Microscopy (STED)



Nuclear structures visualized with Chromeo 494 (green) and Atto 647N (red) Courtesy of Dr. L. Schermelleh, LMU Biozentrum, Munich Rat myofibril sarcomeres stained with ATTO 647N scalebar 1 μ m. Courtesy of Dr. E. Ehler, Kings College, London, UK





Principle

- Incident light angle greater than critical angle \rightarrow light is reflected
- Generates a very thin electromagnetic field : "an evanescent wave "
- Penetration depth typically less than 100nm
- Intensity of wave decays exponentially with increasing distance from the surface



Total Internal Reflection Fluorescence Microscopy (TIRFM)





Total Internal Reflection Fluorescence Microscopy (TIRFM)

TIRFM Requirements

- High Na Objective lens (>1.4)
- Fast high sensitivity camera
- Different refractive indices (aqueous mounting media)



Advantages

- Increased Z resolution (<100nm)
- Imaging of single fluorescent molecules
- Less phototoxicity better for Live-cell imaging
- No out-of-focus light
- Excellent signal to noise ratio
- Images events at or near the membrane
- Fast camera based, not scanning
- Significant improvement to classical widefield

techniques.





Applications

TIRFM is an ideal tool for the investigation of:

- Live cell imaging
- Protein interactions at the cell membrane surface: Cytoskeletal and membrane dynamics
- Membrane trafficking and fusion, (exocytosis, endocytosis), focal adhesions sites
- Study of reaction rates at surface.
- Single molecule interactions
- Superesolution techniques





Total Internal Reflection Fluorescence Microscopy (TIRFM)



Epifluorescence and TIRF imaging of pHluorin-tagged molecules. (Scale bars: 10 μm.) Khiroug *et al. BMC Neuroscience* 2009 **10**:141



Total Internal Reflection Fluorescence Microscopy (TIRFM)





Special Techniques II - High Resolution Microscopy

- for a typical microscopy image in cell biology:
 - $\lambda = -520-650 \text{ nm}$
 - objective 63x NA 1.4
 - diffraction limit of resolution: ~180-230 nm
- <u>size of biological structures:</u>
 - cells: ~10-20 µm
 - nucleus: ~5-10 μm
 - intracellular vesicles: ~50-200 nm
 - membranes: ~7-9 nm
 - proteins: ~1-10 nm

Diffraction limited image of a point source on a charge-coupled device



Fitting a Gaussian







Taking TIRF a step further

Fitting the point-spread function (PSF).





PALM

(<u>Photoactivated Localisation Microscopy</u>) Eric Betzig

STORM

(<u>St</u>ochastic <u>Optical R</u>econstruction <u>M</u>icroscopy) Xiaowei Zhuang at Harvard Sam Hess at University of Maine

- Exploits the photoswitchable nature of certain fluorophores
- Photoactivation is stochastic:- only a few well-separated molecules "turn on."
- Gaussians are fit to their PSFs to high precision and centres calculated with sub-resolution accuracy
- Large number of images required









Photoconvertible fluorescent proteins

- EosFP
- pDendra2
- PA-GFP
- PS-CFP
- KFP-Red

<u>EosFP</u>

- monomeric

-(a)

0.8 0.6 0.4

0.2

0.0 ∟ 450

500

550

wavelength [nm]

600

- conversion wavelength separate from excitation wavelength (no bleaching during conversion!)
- stable photoconversion (irreversible: cleavage)

295 K-

650



Imperial College London

Example: Human Natural Killer cells - Courtesy Sophie V. Pageon (Imperial)







Raw Palm data



STORM

Standard organic fluorophores such as Carbocyanine, Alexa Fluor and ATTO-dyes - Wide range covering the whole visible spectrum

Requirement:

- Reversible between a fluorescent and non-fluorescent state
- Bright "on" state high photon yield
- Long lifetime of the "dark" state
- Controllable cycling for a large number of cycles





A Photo-switchable Probe





















Summary

- STORM and PALM can achieve very high (20-60 nm) spatial resolution.
- Use TIRF microscopy
- Image formation require very large number of raw images.
- Time resolution is on the order of minutes/hours, not ideal to study dynamics
- PALM one image only per sample
- STORM possible to record several final images per sample before permanently photobleaches.



