

Abdul Mageed Education Trust – Health Information Session on Cervical Cancer Screening and Risks

On 8 July 2024, we were invited to undertake a health awareness session hosted by the Abdul Mageed Education Trust in collaboration with the BME Health Forum at the Church St Library in Westminster, on cervical cancer screening and risks, as part of a Cancer Awareness Communications and Engagement Project.

Background and development of the session

We were introduced to the Abdul Mageed Education Trust by one of the Imperial Patient Experience Research Centre (PERC) Community Partner steering group members. PERC identified Dr Apostolia Galani, Clinical Research Fellow researcher at Imperial College as a speaker.

Slides used in the session were reviewed by PERC ahead of the session to ensure they were in lay language and accessible.

Format for the session:

The session started at 12pm with the community providing light refreshments.

- NHS Cervical Cancer Workshop on Understanding Cervical Cancer (Empowering Knowledge for your Health) - Dr Apostolia Galani
- Q&A
- Completion of feedback forms
- Lunch and refreshments

Aims of the session:

- Sharing health literacy information about cervical cancer screening
- Increasing awareness about risks of cervical cancer and current research into these risks

Attendees

The session was disseminated through the Abdul Mageed Education Trust's communication channels and across their community networks (see more in **Appendix A**). There were approximately 9 attendees.

Understanding Cervical Cancer (Empowering Knowledge for your Health) - Dr Apostolia Galani

During the session, the following topics were covered by Dr Galani:

- What is cervical cancer
- Recognising the signs and symptoms of cervical cancer
- Types of vaginal discharge and what they mean
- HPV virus: The main cause of cervical cancer
- HPV vaccine types
- HPV Vaccination: A key preventative measure

- Understanding Cervical Cancer Screening
- When you'll be invited for cervical screening
- Accessing cervical cancer screening: what you need to know: automatic invite sent to 25 to 64 year olds
- Customising your screening experience
- Next steps after screening
- Advancing knowledge through research
- Q&A

Questions asked during the session:

- Is there a specific size of speculum used during smear test?
- Is HPV transmitted only sexually or are there other ways?
- Does HPV infection mean that you have cancer?

Feedback

At the end of the session, a printed feedback form (see **Appendix B**) was shared with all the attendees to explore the experience of the attendees. Seven responses were received (see **Appendix C**). Please see the results of the feedback forms below. The demographics of those who completed the feedback form are set out in **Appendix D**.

Appendix A: Flyer shared by the community to advertise the session



**NHS CERVICAL
CANCER WORKSHOP**
CANCER SCREEN, DETECT AND PROTECT

Delivered By Dr Apostolia Galani
Clinical Research Fellow at Imperial

Arabic language interpretation provided by
Naglaa's World Limited

Funded by NHS North West London/ North West London ICS **NHS**

MONDAY 8TH JULY 2024 - 12PM TO 2 PM

 2nd Basement, Community Space, Church Street
Library, 67 Church Street, London, NW8 8EU

Tube Station:
Edgware Road
Buses:
6, 16, 98
Nearest bus stop
Edgware Road

**DELICIOUS LUNCH
AND REFRESHMENTS
WILL BE PROVIDED**



 **BME**
healthforum

Abdul Mageed Educational Trust in collaboration with BME Health Forum

Appendix B: Feedback form

CERVICAL CANCER SESSION- 8 JULY 2024

FEEDBACK FORM

- 1. After attending this session, how much do you know about cervical cancer screening? (Please circle one)**

Nothing A Little A Lot






- 2. After attending this session, do you know the signs/symptoms of cervical cancer?**




- 3. After attending the session, do you know what age your GP starts inviting you for cervical screening?**


25


35


40


50
- 4. Do you know how often a GP invites you for cervical screening? (circle one)**

3 years 5 years 10 years
- 5. After attending the session, do you think research could benefit you?**





I am also happy to share my...

age... No, thanks Sure, it's: 26 -35 36 -45 46 -55 56- 65 66-75 76-85 86 +

ethnicity... No, thanks Sure, it's:

Thank you!

Appendix C: Responses to feedback form questions (n=7)

Q1. After attending this session how much do you know about cervical screening (please circle one)

Nothing	Less than a little	A little	More than a little	A lot
		1		6

Q2. After attending this session, do you know the signs/symptoms of cervical cancer?

Yes	No	Not sure
6		1

Q.3 After attending this session, do you know what age your GP starts inviting you for cervical screening?

25	35	40	50
7			

Q.4 Do you know how often a GP invites you for cervical screening? (circle one)

3 years	5 years	10 years	No response
6			1

Q.5 After attending the session, do you think research could benefit you?

Yes	No	Not sure
6		1

Appendix D: Demographics of attendees who completed the feedback form (n=7)

Characteristics	n (%)
Age groups (in years)	
26-35	0 (0.0)
36-45	4 (57.1)
46-56	2 (28.6)
56-65	1 (14.3)
66 – 75	0(0.0)
76-85	0 (0.0)
86+	0 (0.0)
Prefer not to say	0 (0.0)
Ethnic group	
White	
English/Welsh/Scottish/Northern Irish/British	0 (0.0)
Irish	0 (0.0)
Gypsy or Irish Traveller	0 (0.0)
Other White background	0 (0.0)
Mixed/Multiple Ethnicity	0 (0.0)
White and Black African	0 (0.0)
White and Black Caribbean	0 (0.0)
White and Asian	0 (0.0)
British and Bangladeshi	0 (0.0)
Asian/Asian British	
Indian	0 (0.0)
Pakistani	0 (0.0)
Bangladeshi	0 (0.0)
Chinese	0 (0.0)
Sri Lankan	0 (0.0)
Other Asian background	0 (0.0)
Black/African/Caribbean/Black British	0 (0.0)
African	3 (42.9)
Caribbean	0 (0.0)
Other Black/African/Caribbean background	0 (0.0)
Other	
Arab	0 (0.0)
Moroccan	0 (0.0)
Sudanese	1 (14.3)
Any other ethnic group	0 (0.0)
Prefer not to say	3 (42.9)

