# Host response to critical illness and personalised care

#### Dr David Antcliffe

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## The problem



Systemic inflammatory response syndrome

Post cardiac arrest syndrome

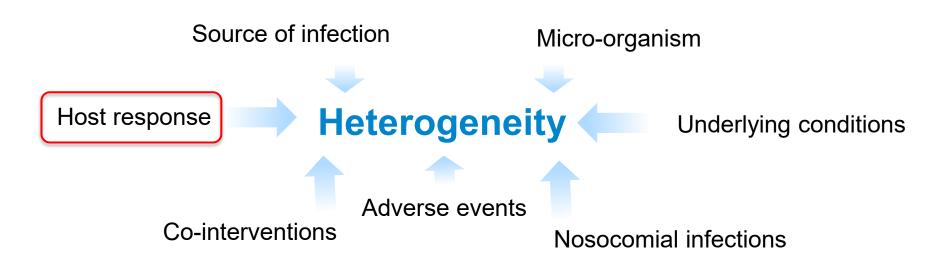
Acute respiratory distress syndrome

#### **Sepsis**

"Organ failure caused by a dysregulated host response to infection"

- 250 000 cases of sepsis a year in the UK
- 46,000 deaths occur from sepsis in the UK
- Septic shock accounts for about 20% of ICU admissions

#### **Precision Medicine**

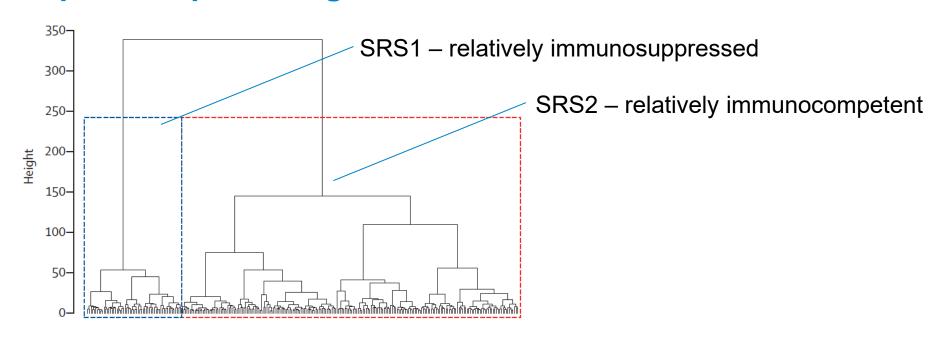


## **Gene Expression Signatures in Sepsis**

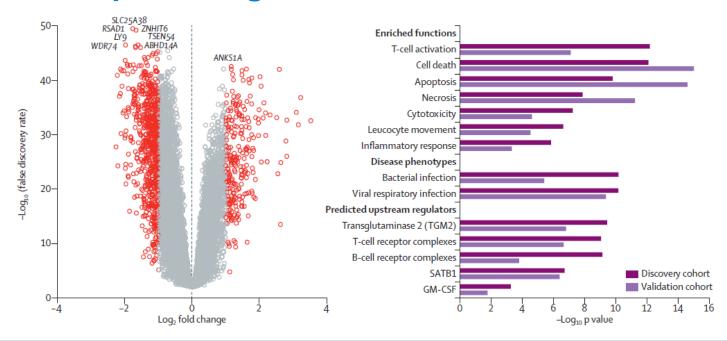
#### **RNA Profiling- GAinS Consortium**

- ICU patients with sepsis in 29 ICUs:
  - Community Acquired Pneumonia (CAP)
    - (n=263 derivation and 105 validation)
  - Faecal Peritonitis (FAP)
    - (n=64 derivation and 53 validation)

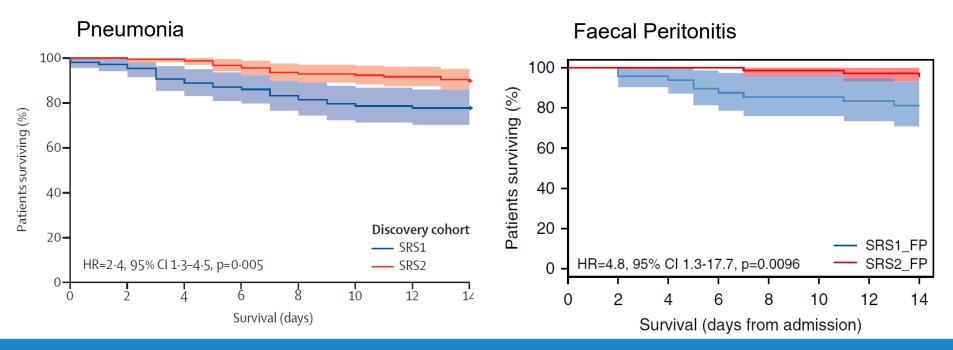
#### Sepsis Response Signatures – GAinS Consortium



#### **Sepsis Response Signatures**



#### **Sepsis Response Signatures - Outcomes**



#### **Precision Medicine**

Variation in the host response



Targeted treatment

# SRS Signatures and Treatment in Septic Shock

#### **Corticosteroids**

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### Adjunctive Glucocorticoid Therapy in Patients with Septic Shock

B. Venkatesh, S. Finfer, J. Cohen, D. Rajbhandari, Y. Arabi, R. Bellomo, L. Billot, M. Correa, P. Glass, M. Harward, C. Joyce, Q. Li, C. McArthur, A. Perner, A. Rhodes, K. Thompson, S. Webb, and J. Myburgh, for the ADRENAL Trial Investigators and the Australian–New Zealand Intensive Care Society Clinical Trials Group\*

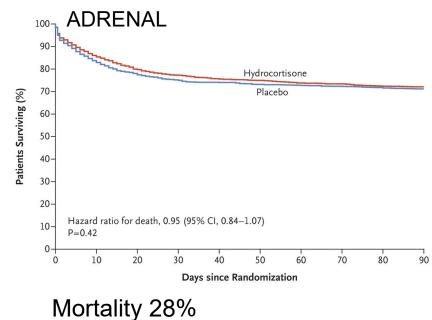
The NEW ENGLAND JOURNAL of MEDICINE

#### ORIGINAL ARTICLE

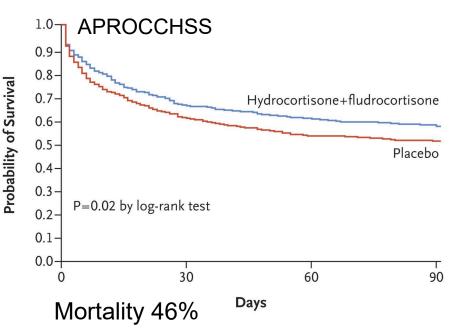
## Hydrocortisone plus Fludrocortisone for Adults with Septic Shock

D. Annane, A. Renault, C. Brun-Buisson, B. Megarbane, J.-P. Quenot, S. Siami, A. Cariou, X. Forceville, C. Schwebel, C. Martin, J.-F. Timsit, B. Misset, M. Ali Benali, G. Colin, B. Souweine, K. Asehnoune, E. Mercier, L. Chimot, C. Charpentier, B. François, T. Boulain, F. Petitpas, J.-M. Constantin, G. Dhonneur, F. Baudin, A. Combes, J. Bohé, J.-F. Loriferne, R. Amathieu, F. Cook, M. Slama, O. Leroy, G. Capellier, A. Dargent, T. Hissem, V. Maxime, and E. Bellissant, for the CRICS-TRIGGERSEP Network\*

#### **Corticosteroids**



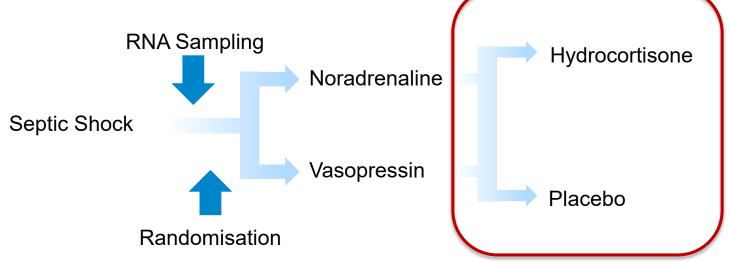




#### **Sepsis Response Signatures and Corticosteroids**

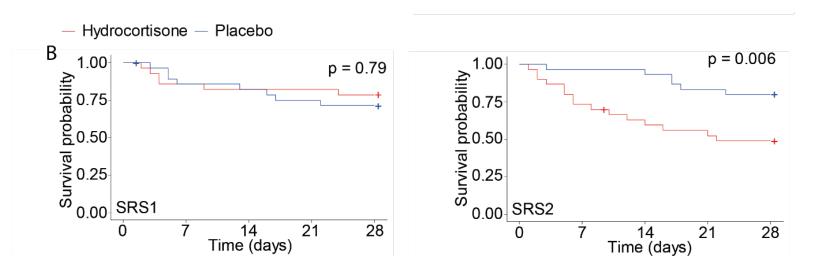
Effect of Early Vasopressin vs Norepinephrine on Kidney Failure in Patients

With Septic Shock (VANISH)



#### **Sepsis Response Signatures and Corticosteroids**

Interaction effect p=0.02



## **Biological Insight**

#### **Precision Medicine**

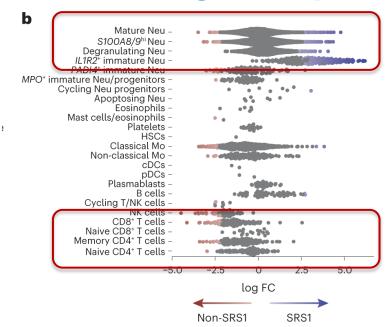
Variation in the host response

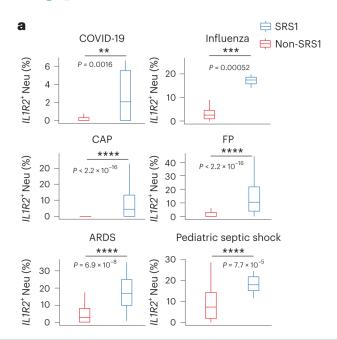
Heterogeneity Targeted treatment

Better biological understanding

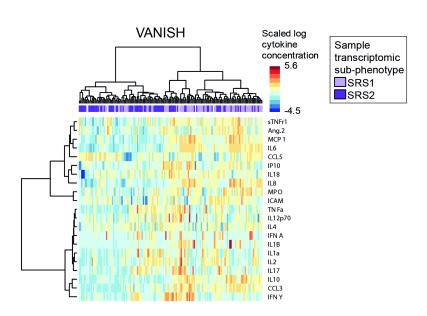
New therapeutic strategies

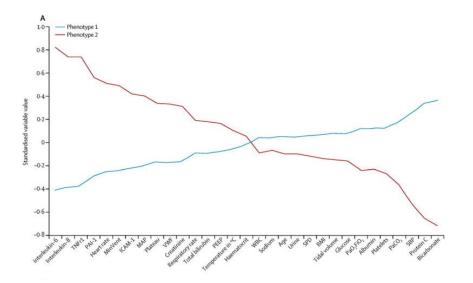
#### What drives gene-expression phenotypes?





## **Other Molecular Phenotypes**

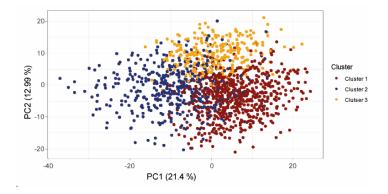


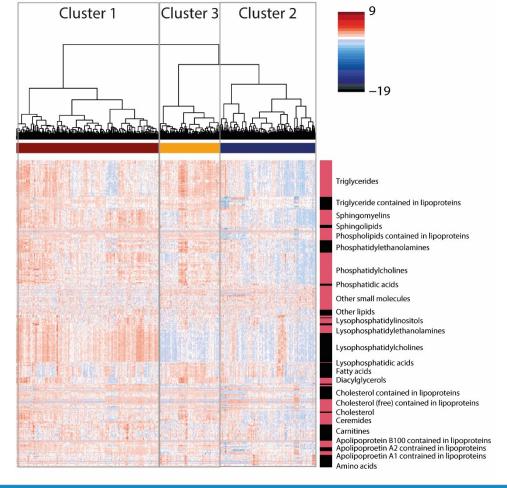


- Ventilation strategies
- Simvastatin
- Fluid strategy
- Activated Protein C



Elsa Harte





#### nature medicine

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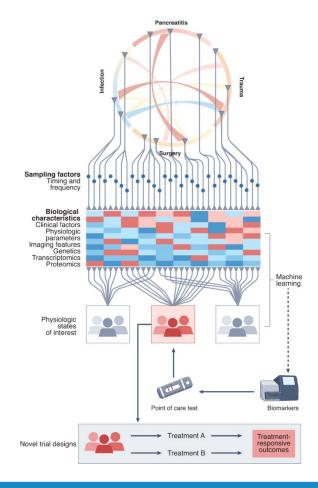
nature > nature medicine > perspectives > article

Perspective Published: 17 June 2022

#### **Redefining critical illness**

David M. Maslove M. Benjamin Tang, Manu Shankar-Hari, Patrick R. Lawler, Derek C. Angus, J. Kenneth Baillie, Rebecca M. Baron, Michael Bauer, Timothy G. Buchman, Carolyn S. Calfee, Claudia C. dos Santos, Evangelos J. Giamarellos-Bourboulis, Anthony C. Gordon, John A. Kellum, Julian C. Knight, Aleksandra Leligdowicz, Daniel F. McAuley, Anthony S. McLean, David K. Menon, Nuala J. Meyer, Lyle L. Moldawer, Kiran Reddy, John P. Reilly, James A. Russell, ... John C. Marshall + Show authors

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## **Clinical Application**



## IMmune Profiling of ICU pAtients to address Chronic Critical illness and ensure healThy ageing



#### The Future

- Bring these processes to the bedside
- Trajectory
- Overlap of phenotypes
- Embedded into trials



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  - Prof Anthony Gordon
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  - Dr Emma Davenport
  - Prof Charles Hinds (Barts and the London)

# Thank You