## Words' exchange:

an ice-breaking approach to foster

meaningful intercultural exchanges

among students

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### What a Global Fellows Programme is?

### Teaching and learning perspective:

- 5-days professional development programme
- Focus on intercultural and interdisciplinary collaboration
- Developed with international partners
- 39 students work in interdisciplinary and intercultural groups to develop a project proposal

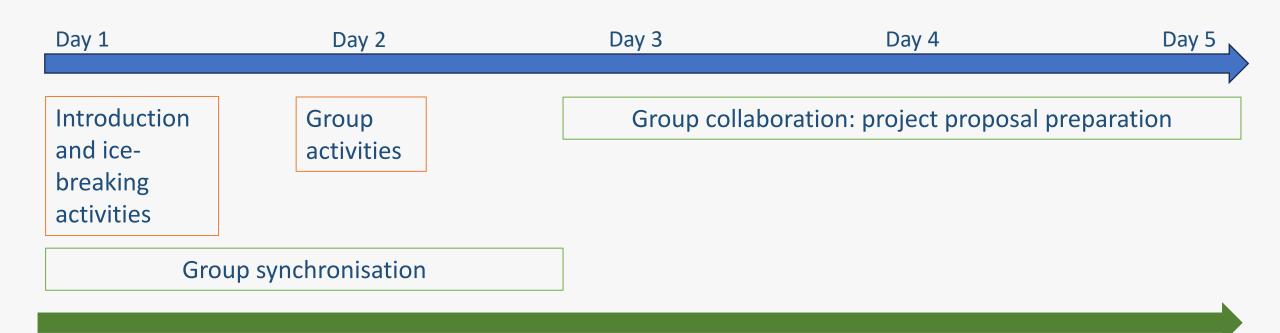








## How does a Global Fellows Programme work?



Intercultural and interdisciplinary networking and collaboration, through exchanges and discussions

## What are the key challenges?

- Time: only 5 days
- Environment: create a safe space
- Interactions: facilitate exchanges in this intercultural and interdisciplinary environment
- Languages: increase empathy and embrace differences



### What were our first solutions?

Introductions and ice-breaking activities

- Online event for first introductions
- Day 1 morning: in-person introductions and networking

definition of principles for collaboration (in groups)

from individuals' competencies to group competencies (in groups)

... but languages...



### What were our first solutions?

Videos to watch about interdisciplinary and intercultural collaboration



Introductions and ice-breaking activities

- Online event for first introductions
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... but languages...



### What is our latest solution?

Videos to watch about interdisciplinary and intercultural collaboration

Introductions and **new ice-breaking activity** designed to remove language barriers

"When there are non-native English speakers, these students might need time to reflect before talking. **Teachers need to normalise silence**. [...] This normalisation can be added to the "Introduction to the course and expectations": appreciate differences and give time".

Increase the understading of languages

Student-centered activity

Non-patronising approach

Words' exchange – Normalise the silence

# Words' exchange – Normalise the silence: rationale

Taking the shoes

=

Perspective taking

#### It involves:

- 1. seeing the perspective of the other person
- 2. understanding the reason and motivation behind that perspective
- 3. appreciating the different perspective

Understand the others' feelings, motives and thoughts through visuo-spatial activities

# Words' exchange – Normalise the silence: design

The book is on the table because I am reading it

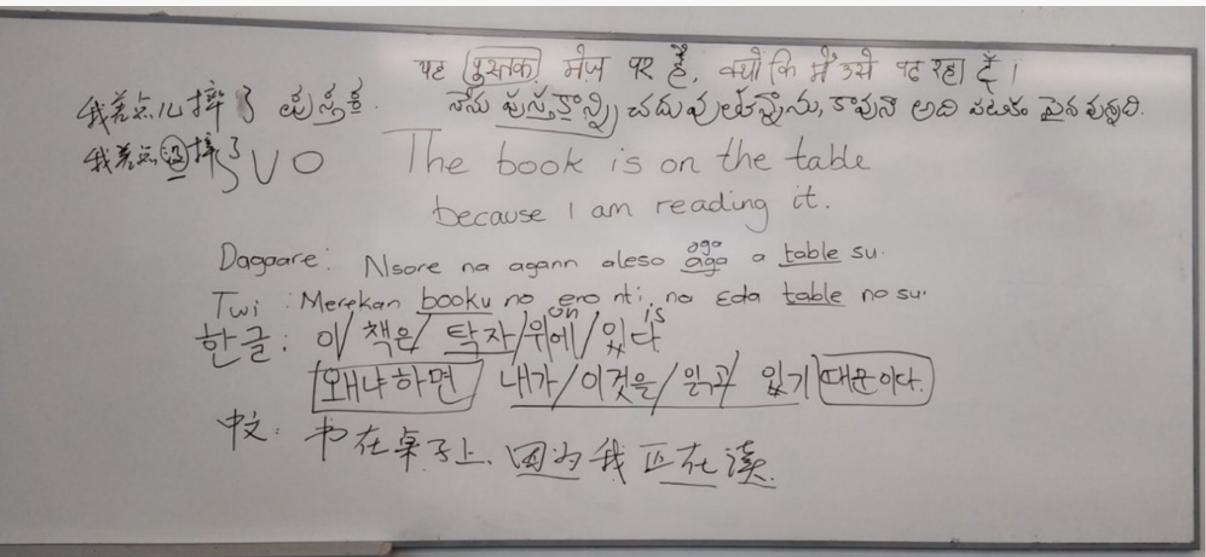
- 1. Each student translates it their spoken languages or dialects (no formal style)
- 2. They explain the structure (and alphabet) of the translated phrase

Key point: effective introduction with examples

Learning

- Different structure, organisation and alphabet
- Differences between formal and informal style (also for English)
- Need of silence as reflection time

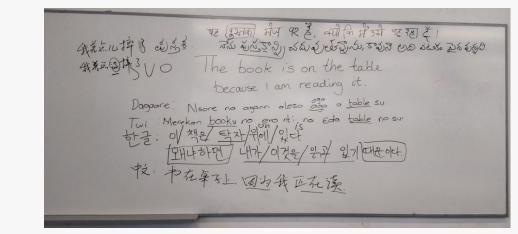
# What did it happen?



## What did it happen? Teachers' perspectives

#### We observed all students

- engaged in the activity
- felt comfortable because they were the "subject experts"
- felt proud of their origins
- o discovered new features in their languages through the eyes of their colleagues
- very chatty within a couple of hours
- o had fun ©





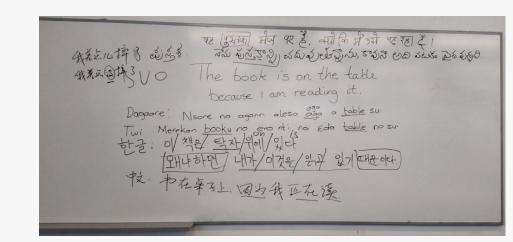
## What did it happen? Students' perspectives

"When **people** come together from **different backgrounds**, different institutions, different **languages**, and even different **accents** from the same language, it it, it's **not easy to break the ice** and to to merge together and feeling comfortable towards each other. But I believe all **these transitional activities** did manage successively in a in a **very good manner** to **break and** to **melt the ice totally**"

"And we ended up, by the end of the first day, some being some kind of friends or colleagues, and we felt like we knew each other for a long time"

"Surprisingly it was... Kind of for me... "I can see like different languages required sometime more effort than I I thought it should be"... so so... I understand like some people might be struggling, especially to speak English because they are not native speaker"

"It's a safe environment to be who you are so long as that environment, safe space is there such that I don't have to question myself before I actually talk. [...] That creates a very safe environment where everyone actively engages in this in this course which actually has a benefit"



### Our learning and future steps

### The activity works

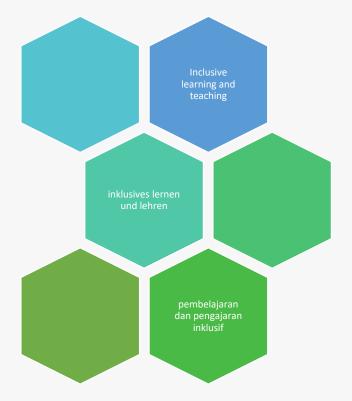
- student-centered
- students owned the activity
- o authentic
- sense of belonging (also in Laura Bulmer poster)
- o different (fun) approach to languages

**Future** 

Introduce a "speaking" ice-breaking activity

### Our take home message

- "Taking the shoes of others" is not difficult to achieve
- This activity set the mood for the week: more understanding, empathy and patience
- This activity might work even better for longer courses





## Thank you for taking my perspective!

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challenging
                 project
     new friends
      intercultural
    collaboration
safe space
   inclusivity fun creativity
         interdisciplinary
                 networking
```

