

A background image of two female rowers in a boat on water. The image is faded and serves as a backdrop for the text. The rowers are wearing athletic gear, including tank tops and caps. One of the rowers has 'LOTTERY' visible on her tank top. The text 'Cath BISHOP' is overlaid on the image, with 'Cath' in a teal script font and 'BISHOP' in a dark blue sans-serif font.

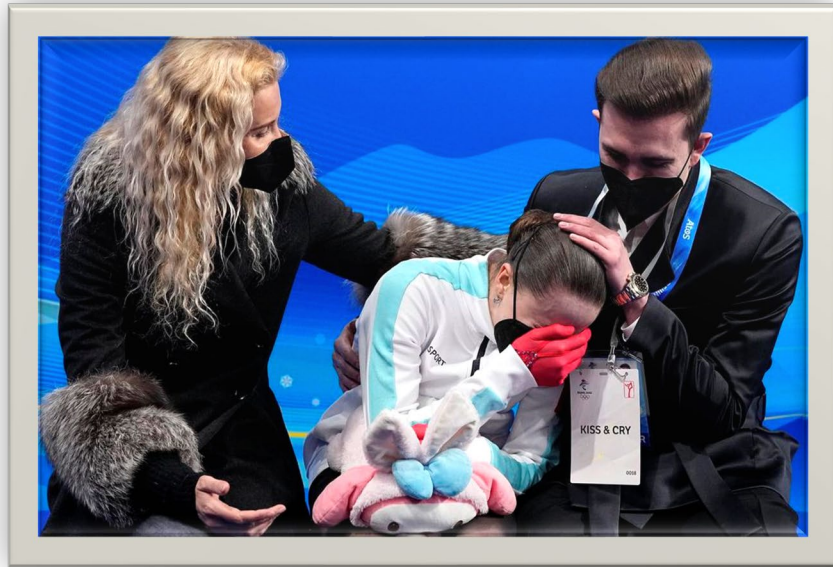
Cath BISHOP

The Long Win: Redefining Success & Competition in Education

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What does success look like?

When Winning & Competing to Be First Doesn't Add Up To Success...



What role does competition play in helping or hindering us in exploring our (learning) potential?

How might we redefine success?



“they didn’t just want to learn, they wanted their success assured by the relative failure of others”...
(*Margaret Heffernan, CEO, Author, teaching at Business School*)

“Giving yourself an A is not about boasting or raising your self-esteem. It... lifts you off the success/failure ladder and spirits you away from the world of measurement into the universe of possibility”...
(*Benjamin Zander, Conductor, Musical Conductor of the Boston Philharmonic, Music Teacher*)

Performance & Learning are limited when Success is Defined by...



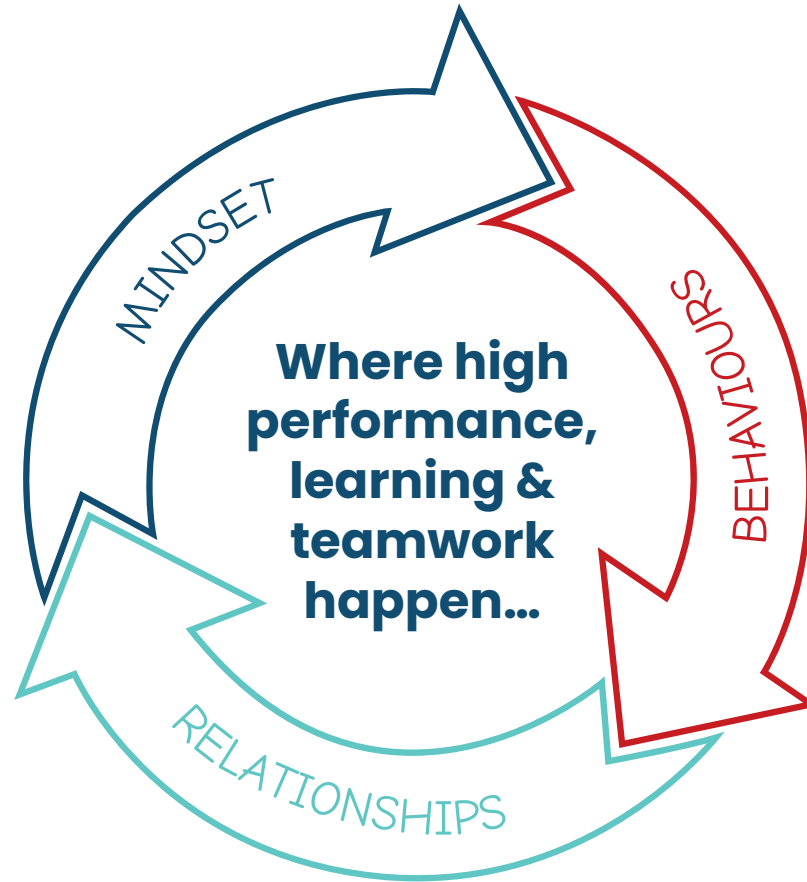
- 1 Narrow, short-term, temporary, finite measures and outcomes
- 2 Non-human terms
- 3 Comparison with others
- 4 Terms imposed and set by others

How might we...

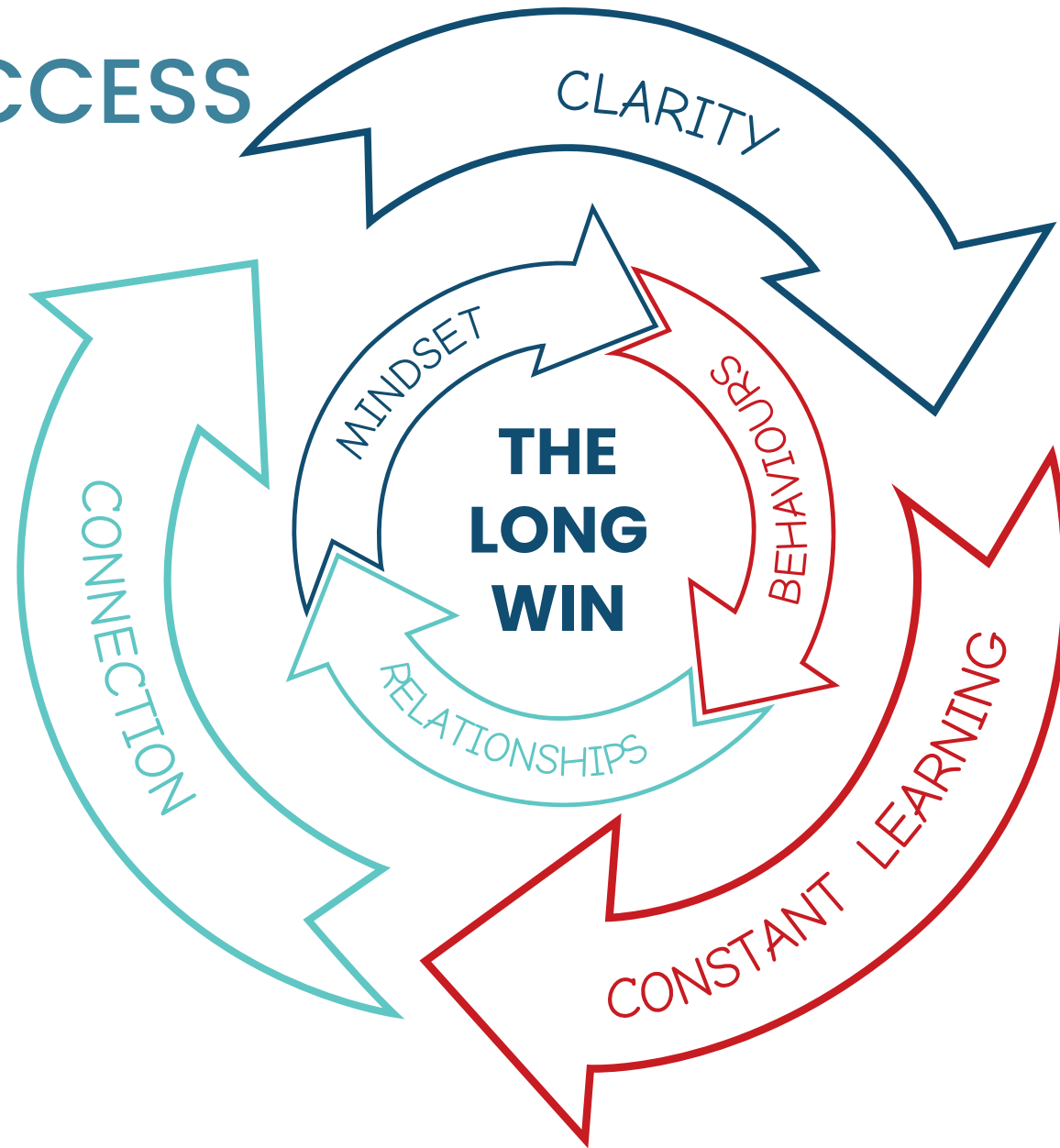
Redefine Success – *The Long Win*

Redefine Competition – *'with' not
'against'*

THE LONG WIN...



The 3 Cs: REDEFINING SUCCESS



CLARITY

**What does success look like?
Infinite/finite games
What has lasting value?**

What else matters (long-term)
that we aren't measuring?

What are some overlooked
consequences of competitive
environments?

CLARITY

What really matters?

Will it Make our Boat Go Faster?

What's the experience you want to create?

It is the long history of humankind... those who learned to collaborate and improvise most effectively have prevailed.'

(Charles Darwin)

CONSTANT LEARNING

Growth Mindset

How open are you to learning, flexing, reframing and growing your mind?

Psychological Safety

Through a learning focus, fallibility of leaders & constant curiosity

Performance vs Results

'Mastery'
mindset

Feedback

The 'Progress
Principle'

Design Thinking

Reflection

Reframing

Growth
Mindset

Constant Learning

Marginal Gains
Thinking

Challenge
assumptions
& bias

Cooperative &
Collaborative
Learning

Psychological
Safety

Reflect
& Review

Stories

HOW TO BE EFFECTIVE UNDER EXTREME PRESSURE

UK Government study



Within a proactively supportive environment...

- 1 Flexibility and adaptability
- 2 Self-awareness under pressure
- 3 Authentic, collaborative relationships

CONNECTIONS

Performance is a team sport

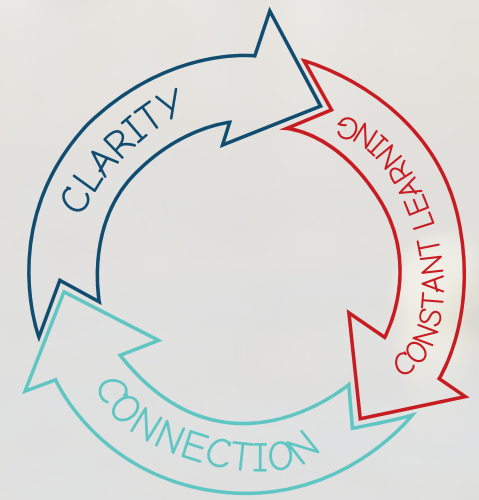
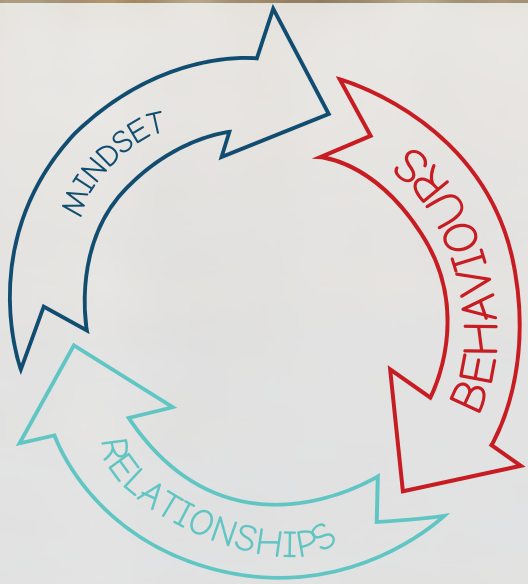
Resilience is a team sport

Learning is a team sport

CONNECTIONS



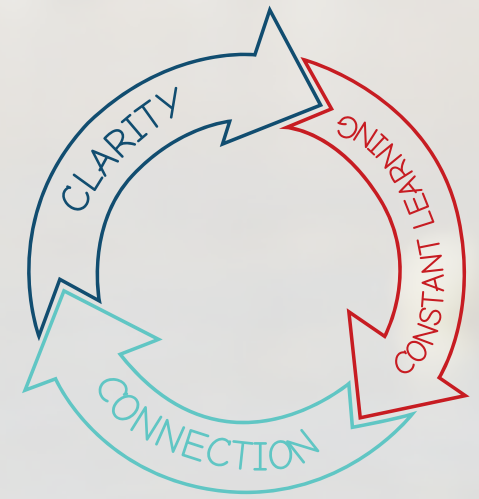
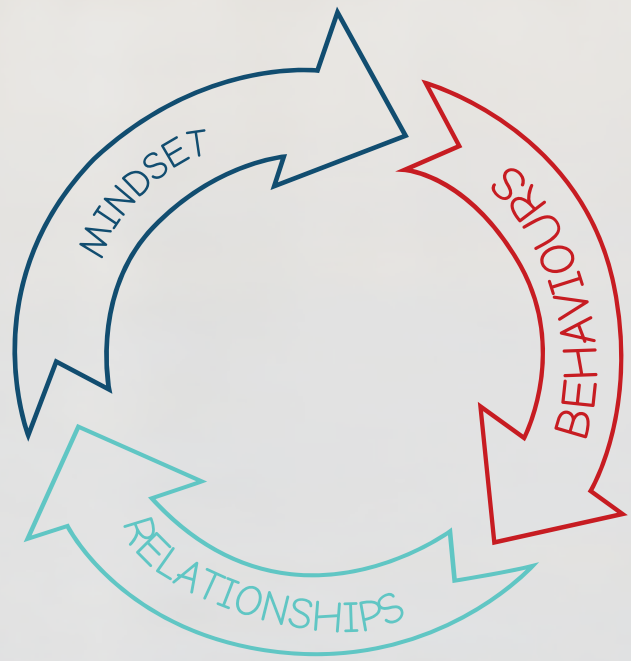
"It's not the winning, it's how you win, the people you win with, the group of people you are connected to... I think that human connection is the ultimate marker of success."
Alex Danson (GB Hockey Olympic Champion, 2016)



Clarify what matters – what has lasting value?

Check your language for growth mindset (*what if, what's possible, what else, let's try, how might we...*)

Redefine & review success by focusing on quality of learning rather than ~~quantity~~ of marks



LET'S EXPLORE WHAT'S POSSIBLE, TOGETHER

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